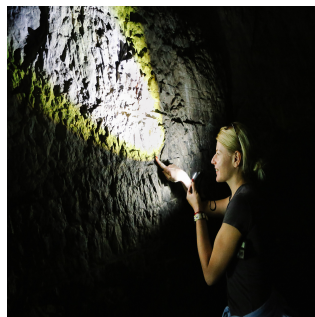




# Altai adventure

A summer tour to the mountains



Altai mountains are well-known for its passes and waterfalls cascades, swift rivers in narrow gorges and snow-white peaks. Here you will go down to the mysterious caves, walk to the mountain lakes and glaciers. Also you will get acquainted with the traditions of the Altai people and touch the history of the mountainous region, where the Scythians, Huns and Turks lived.



# Experiences you'll have

## Active tour to the Altai mountains

According to the legends, there is "a country of happiness", called Belovodye in the Uymon valley hidden deep in the Altai mountains. While searching it, you will not only visit the unique natural places, but also get acquainted with the ancient history of this region and with the culture of the indigenous Altaians.

This tour is for those who prefer both comfort accommodation and different activities combined in one program. The itinerary includes a light trekking to mountain lakes and waterfalls, a rafting on the Koksa river and a descent to the Altai famous caves. Read about the trip first-hand experience in our [blog article](#).

### Highlights of the journey:

speleo tourism — you will go down to the Denisov's cave, where the famous archaeological artifacts were found, and to the Muzeynaya cave to observe rare types of stalactites  
hiking to the Altai famous lakes and waterfalls — you will see Sedoy waterfall on the Shinok river, which is considered to be the highest waterfall the whole Altai region and admire the beauty of the Multinsky Lakes — each of them has its own color  
rafting on the Koksa river — you will challenge the raging rapids and admire the views of the majestic mountain peaks  
historical acquaintance — the tour's itinerary actually repeats the route of the famous Central Asian Expedition chiefed by Nicholas Roerich in 1925-1928 years and includes visiting the museum dedicated to the great Russian artist and his family  
cultural immersion — you will get acquainted with the life, culture and faith of the old believers living in the Uimon valley

**We accept bookings for groups of 6 or more**

Border permit is required for this tour. Personal data should be submitted minimum 35 days before the date of arrival

## Itinerary

The journey begins in Novosibirsk or Barnaul, where you should travel to by your own. We are ready to help with the purchase of tickets, if necessary, leave a comment in the application.

*Depending on the weather conditions, the program may change.*

### Day 1

**After arrival to Novosibirsk or Barnaul you will be taken to**

the recreation base, located near the Denisov's caves (see transfer details in "Common questions"). On route you will be given all necessary instructions related to the itinerary.

**On the way you will visit the private cheese factory , where**

you will have a tea party with tasting of 27 types of cheeses. Around 8 pm you will arrive to the base, have dinner in a cafe and rest.

**The length of the route — 384-620 km by minibus.**

### Day 2

**Today you will get acquainted with the ancient**

archaeological monument — Denisov's cave. The remains of a previously unknown type of ancient man who lived about 50 000 years ago were found here.

**Next you will visit the Muzeynaya (Russian for "Museum")**

cave, which is located in the Karakol river's valley. With the depth

Altai

## Altai adventure

Difficulty



Age

from 10 y.o.

Group size

from 6 to 10

Duration

10 days

Accommodation at the trip



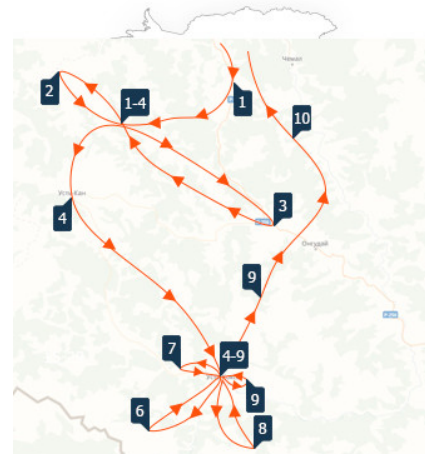
3 nights 5 nights

Языки



guide

from 690 EUR



of 33 m and length of 850 m it has 1A complexity category. This picturesque cave is suitable for the junior speleologists. Here you will see the sculptural masterpieces formed by stalactites and stalagmites, underground grottoes and labyrinths. You will be given special clothes for descending into the cave. In the evening you will return to the hotel, have dinner and rest.

**The length of the route — 12 km by minibus, 2 km on foot,**

0,85 km in the cave.

### **Day 3**

**In the morning you will move to the Karakol village, from**

where your hiking route to the waterfall will start. On the way you will overcome a light mountain pass (1200 m high).

**You will have lunch outdoors near the Sedoy waterfall.**

After that you will go through the territory of the State natural reserve. You will see the Shinok river, which flows through a narrow gorge and forms a spectacular cascade of several waterfalls (from 3 to 60 meters high).

**The length of the route — 18 km by car, 15 km on foot.**

### **Day 4**

**Today you will move to the Ust-Koksa village. On the way**

you will stop at the Ust-Kan village. Here you will visit the Museum of national Altai culture, where you will learn about the history, traditions and faith of the Altai people.

**In the evening you will arrive to the Ust-Koksa village and**

stay at the tourist complex. If desired, you can visit a Russian sauna (extra charge).

**The length of the route — 313 km by minibus, 1 km on**

foot.

### **Day 5**

**Today you will enjoy a walking tour to the Mayak (Russian**

for "Lighthouse") Mountain, which offers a picturesque view Ust-Koksa village. You will return to the base by lunchtime.

**In the afternoon, you will take part in a master class on**

making a traditional Altai talisman — the "Uymon" doll. In the evening, you will have dinner in a cafe and rest.

**The length of the route — 7 km on foot.**

### **Day 6**

**Today you will go to Krasnaya (Russian for "Red") mount**

by 4x4 car (UAZ or GAZ-66). On the way you will enjoy the magnificent mountain scenery and Alpine meadows.

**You will visit three mountain lakes. You will arrive at the**

lower lake, then walk to the middle and upper lakes, which are connected by a beautiful waterfall. From the top of the Krasnaya

mountain you will admire the panorama of the Uymon valley and three lakes. After returning to the lower lake you will have a picnic, and then go back to the base in Ust-Koksa.

**The length of the route — 30 km by UAZ or GAZ-66 (3 hours**

to one direction+1 hour on foot to the lakes).

**Day 7**

**After breakfast, you will move to the Tyuguryuk village,**

where you will start rafting on the Koksa river. The river flows in a picturesque area, surrounded by mountains covered with dense forests. During this water trip you will see the raging rapids, the majestic mountains and the confluence of Gromotukha and the Koksa rivers.

**The river's current with small rapids is not strong. So, both**

junior and those who has already have some experience in water sport, will enjoy the rafting.

**You will have lunch outdoors at the river's bank, can enjoy**

the beautiful views, as well as swim or go fishing. You will finish the rafting near the Ust-Koksa village. In the evening you will return to the base, have dinner and rest.

**The length of the route — 56 km by minibus, 40 km by**

water.

**Day 8**

**You will move along the Multa river to Lake Lower**

Multinsky, which is located at an altitude of 1710 m. The length of the lake is 2370 m, the width is 900 m. Clouds and mountain peaks are reflected in the mirror-like surface of the lake, making a great landscape.

**Next you will hike to Lake Middle Multinsky, where you can**

just relax on a sunny beach, go swimming or fishing. During the route you will have a picnic on the lake's bank. You will return to the base in the evening and have dinner in a cafe.

**The length of the route — 106 km by car UAZ or GAZ-66, 6**

km on foot.

**Day 9**

**This morning you will have free time to pack your things**

and prepare for departure. Then you will have lunch in a cafe and will move to Verkhniy (Russian for "Upper") Uymon village. This is one of the oldest villages of the Ust-Koksinsky district. It was founded by the old believers about 300 years ago. You will visit the Nicholas Roerich's Museum and the Museum of old believers.

**At 5 pm you will depart to Barnaul and Novosibirsk by**

minibus (you will need to pay extra for dinner at the cafe on the way). For tourists departing from Gorno-Altaysk, the transfer will be arranged at 10 pm.

**The length of the route — 53 km by car UAZ or GAZ-66, 375**

km to Gorno-Altai, 540 km by bus to Barnaul, 857 km by bus to Novosibirsk.

### Day 10

**You will arrive to Gorno-Altai at 6 am, to Barnaul**

(Novoaltaysk) at 7 am, to Novosibirsk at 10 am.

## Accommodation at the trip

From the first to the fourth days of the tour you will stay in "**Lesnaya Skazka**" **Park Hotel**, located near the Denisov's Caves. In a standard room — two/three beds, a table, chairs, WC and a shower. There is a deer farm, a swimming pool, a volleyball court, and a Russian bathhouse on the hotel's territory (extra charge).

From the fourth to the ninth days you will be accommodated in "**Altair**" **ecohotel**. It is located at the confluence of the Katun and Koksa rivers — one of the most beautiful places of Altai. You will live in a comfortable twin room. There is a bathhouse (extra charge) and free Wi-Fi.

At the last night before departure you will move to Barnaul and Novosibirsk.

## FAQ

Who will be my guide

You will be accompanied by professional guides.

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How a group transfer is organized

A transfer service is available from the city of arrival. Please, note, that the local time is indicated in the program (the difference with Moscow +4 hours).

### Transfer from Novosibirsk and back:

- Day 1 — meeting at 9 am on the Sovetskaya (Russian for "Soviet") street, 65
- Day 9 — departure from Ust-Koksa at 5 pm, approximate arrival to Novosibirsk at 10 am the next day.

### Transfer from Barnaul and back:

- Day 1 — meeting at 1 pm near "Oblepikha" Hotel complex (Novoaltai, Dorozhnaya str., 13)
- Day 9 — departure from Ust-Koksa at 5 pm, approximate arrival to Barnaul at 7 am the next day.

Due to the weather and the traffic conditions, there may be delays. The bus arrival time is approximate. Please do not be late to the meeting points.

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## Meals

The tour price includes three meals a day, except lunches and dinners in a cafe during transfers from Novosibirsk/Barnaul and back.

On the active routes you will have meals cooked on a fire, stove or gas burner. Tourists are involved in the cooking only if they wish.

The standard menu includes canned meat, fish, green peas, corn, beans, butter, cereals, pasta, cheese, sausage, bacon, vegetables, fruit, cream powder, raisins, dried apricots, nuts, chocolate, tea, coffee, cocoa, condensed milk, candy, cookies, bread, crackers, biscuits.

During hikes you can go fishing. To do this, you need to bring fishing equipment. You can also collect mushrooms and berries.

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## What to bring

### **Documents:**

- passport and photocopy of passport
- a ticket or document that replaces it (voucher, reservation sheet)

### **Clothes and shoes:**

- down jacket or warm jacket
- waterproof clothing (raincoat, jacket, pants)
- warm tracksuit
- T-shirts (2-3 pieces)
- shorts
- wool socks (2 pairs)
- cotton socks (3-4 pairs)
- cotton gloves
- warm cap
- baseball cap
- swimsuit
- trekking boots
- sneakers and flip-flops
- Wellington boots

### **Personal belongings and equipment:**

- tourist seat
- trekking poles
- sunglasses and sunscreen
- lantern
- folding knife
- matches
- small battery
- a personal set of tableware
- personal care items
- repellent

### **Medical kit:**

- corn plaster
  - bandage
  - elastic bandage
  - iodine
  - anaesthetic and anti-cold drugs
- 

## Can I take part

The route is a combo trip: auto-tours, rafting, caving and trekking on mountain trails. It does not require the special experience and skills. It is enough to be in a good physical shape.

If you need constant medical supervision, then travel on this route is not recommended.

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## Can children take part

Children aged from 10 years old, accompanied by adults, can participate in the tour.

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## Insurance

The cost of the tour includes health and accident insurance.

## What transport is provided

Transfer from Novosibirsk and Barnaul to the base near Denisov caves, as well as return transfer from the village of Ust-Koksa is performed on comfortable minibuses. The road passes through 4 mountain passes. There may be delays due to weather and road conditions. On the road to Ust-Koksa there are difficult gravel road sections. To protect your luggage from road dust, we recommend that you pack your luggage in advance in a protective bag (with a distinctive sign, so as not to confuse it).

On the route to Krasnaya mountain (day 5) and The Multinsky Lakes (day 8) UAZ or GAZ-66 all-terrain vehicles will be used.

## Tick-borne encephalitis vaccination

We highly recommend to get a tick-borne encephalitis vaccination, especially for May-June arrivals. In Russia vaccination is done in 2 parts. The first vaccine is made 45 days before arrival to Russia. The second vaccine — 7-14 days before arrival to the Altai region.

The vaccination process might differ in your country. For details, please contact your doctor. If you are not willing to go through vaccination process, please, be assured that your medical insurance covers tick-borne encephalitis.

## Required data for border permit

To participate in tour it is necessary to submit the following information not later than 35 days before start of the tour:

- copy of passport
- full name of employing Company and job position
- address of current residence
- city of birth (with country indicated)
- phone number

The issue of border permit is included in the tour.

# Booking

Altai

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Difficulty



Age

from 10 y.o.

Group size

from 6 to 10

Duration

10 days

Accommodation at the trip



3 nights 5 nights

from 690 EUR

### What's included in the price:

- accommodation as per program
- meals three times a day
- transfers from Novosibirsk/Barnaul to Denisov caves and from Ust-Koksa village to

### Extra charge:

- [airfare to Novosibirsk or Barnaul](#)
- meals during transfers from/to Novosibirsk or Barnaul on days 1,10
- visiting a bathhouse (+200 roubles per person)

Novosibirsk/Barnaul

- transport service as per program (minibus)
- English-speaking guide services
- rafting on the Koksa river
- rent of GAS-66 truck for cargo transportation
- medical and accident insurance
- excursions as per program, entrance tickets to museums

— single supplement (+12 200 roubles per person)



Best price guarantee



Personal tours



Discounts for regular clients



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