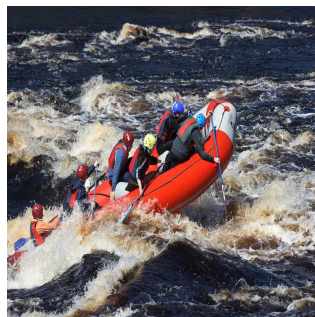




# An adventure week

Sports summer in Karelia



Summer holidays in Karelia is for those who prefer getting everything at once. The local forests, lakes and rivers offer great opportunities for outdoor activities. Every day a new adventure is waiting for you. In 6 days you will try different sport activities: rafting, dogtrekking, SUP-surfing, as well as riding bicycles, jeeps and quad bikes across the taiga trails.

# Experiences you'll have

## Active tour in Karelia

Every day you will discover new outdoor activities:

- take a bike ride to the forest lake
- try SUP-surfing
- feel a surge of adrenaline while rafting the turbulent rapids of the Shuya river
- cross the taiga trails by jeeps and quad bikes through the abandoned Karelian villages
- try to drive a jeep across the sand quarries and the swampy lakes' banks
- visit the sled dogs' kennel and try dog-trekking in the forest
- visit the famous Kizhi Island located on Lake Onega, where the old Russian wooden churches of the 17th century have been preserved

If you manage to gather a group of six people, we can organize a tour for you any time you want

Not only forests, rivers and lakes are waiting for you on the route. During a jeep-tour you will visit the famous sights of Karelia. You can see one of the highest plain waterfalls in Europe in the "Kivach" nature reserve, observe the "Palyeozerskaya" hydroelectric station, located on the slopes of an ancient volcano, and taste the medicinal water in the first Russian resort "Martsialnye Vody", founded by Peter I.

*The photos by RussiaDiscovery team during summer journey to Karelia in June, 2019*

Karelia

## An adventure week

Difficulty



Age

from 7 y.o.

Group size

from 6 to 14

Duration

6 days

Accommodation at the trip



5 nights

Языки



guide

from 980 EUR

## Itinerary

The journey begins in Petrozavodsk, where you have to get to on your own. We are ready to help with the purchase of tickets, if necessary, leave a comment in the application.

The itinerary may vary depending on the weather.

### Day 1

**You will be met at 9:30 am at Petrozavodsk train station**

and taken to a cafe for breakfast. Then you will go to the river station, from where you will go to Kizhi island (1.5 hours on the way).

**First you will have a two-hour guided tour along the**

famous island, then you will have about 2 hours of free time for rest and independent walk. On the island you will have lunch in a cafe (extra charge).

**Then you will return to Petrozavodsk. At the river station**

you will be met and taken to the guest house, located in a quiet village in a pine forest. Here you will stay for the next days. You will be accommodated in the rooms, have dinner and relax.

### Day 2

**After breakfast you will choose the bikes and go for a walk**

to a small but very beautiful lake Beloe located in the heart of South Karelia. You will have lunch outdoors and rest.

**If desired, today you can try SUP-surfing on the lake.**

Controlling a special inflatable board by a paddle, you will sail around the lake or get to its middle part. Even if you have never tried SUP-surfing before, you will succeed after the instructor's training. We have tested it ourselves.





**In the evening you will return to the guest house and have**

dinner. The length of the biking route is about 20 km.

### **Day 3**

**Today you will enjoy rafting on the Shuya river. You will be**

taken to the starting point of the route by car (the road will take about 20 minutes). After a detailed briefing you will start rafting on a calm flow of the river.

**At midday you will make a stop at a picturesque glade.**

While the instructor will be preparing a hot lunch, you can try SUP-surfing on the river.

**After lunch you will continue rafting. Going down the river,**

you will challenge the rapids Krivoy (Russian for Crooked), Bolshoi and Maly Tolly (Russian for Big and Small Tolly). If desired, you can have a water adventure on the Big Tolly rapid and swim in so-called "Karelian Jacuzzi". Such activity can be passed only with experienced instructors. Our guides have many years of experience in professional water sports. Under their guidance such an adventure is safe and gives you the most vivid impressions of the tour.

**After rafting you will return to the guest house for dinner**

and rest.

### **Day 4**

**Today you will ride a double-rider quad bikes across forest**

roads and through the abandoned Karelian villages lost in taiga and swamps. You will master quad biking on smooth highways and off-road.

**On the route you will have a hot lunch. In the evening you**

will return to the guest house, relax and have dinner. If you wish, you can visit the Finnish sauna.

### **Day 5**

**Today you will have a very interesting jeep-tour. At first**

you will be given a safety briefing before you leave. You will have a chance to drive a car by your own across the sand pits and wetlands of the lakes.

**You will go to the "Kivach" nature reserve, where you will**

visit the arboretum and the Museum of Karelian nature. Also you will see here the Kivach waterfall, that is considered to be the third highest plain waterfall in Europe. For lunch you will enjoy a picnic with grilled meat and vegetables.

**The next point of the route will be the Girvas village. Here**

you will see Palyeozerskaya hydroelectric power station located on the slopes of an ancient volcano Girvas. Continuing the way, you will make a stop in the first Russian resort "Martsialnye Vody" and taste the healing water from the springs. After that you will move to the top of the Sampo mount and enjoy a beautiful view of Konchozer Lake's islands.

In the evening you will return to the guest house, have dinner and rest.

### **Day 6**

### **After breakfast you will go to the kennel, where you will**

meet with an expedition sled dogs: Siberian husky, the Chukchi and Taimyr husky dogs, Alaska Malamute and Samoyeds. Many of them starred in movies, and also participated in expeditions to the North Pole.

### **Then you will have trekking with the dogs through the**

woods. You will be walking for about 5-6 kilometers with a special belt in conjunction with the dogs. You will be given personal equipment and all necessary instructions before you start the route.

### **Having returned to the kennel, you will have lunch and**

rest. After that you will go to the guest house to take baggage and further move to Petrozavodsk. You will have some free time to walk around the city before departing home by train.

## **Accommodation at the trip**

During the trip you will stay in the comfortable guest house located in Matrosy village (a 20-minute drive from Petrozavodsk). There are pine forest and the Shuya river around the base. The house was built in 2012 from environmentally friendly materials. Furniture and wall decoration are made of pine. You will stay in double rooms with all amenities.

There are 3 double rooms, a Finnish sauna and a fireplace room on the ground floor. In the two rooms there are two single beds, table, bedside table, chairs, wardrobe. Separate shower and bathroom are located next to the rooms. In the third room there are a large double bed, two bedside tables, wardrobe. The toilet and the bathroom is inside the room.

There are 4 double rooms, kitchen, laundry and ironing room on the second floor of the guest house. Each room has two single beds, a table, chairs, a shower and a bathroom. All rooms have a hairdryer. The kitchen is equipped with a fridge, microwave oven, cooktop, coffee/tea maker, full set of dishes. There is also a satellite TV, a large table, a sofa and a coffee table. There is also a parking and a grill house on the yard.

## **FAQ**

### **Who will be my guide**

You will be accompanied by professional guides and instructors.

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### **Meals**

You will have three meals a day, except for lunch on Kizhi island at day 1 and dinner in Petrozavodsk at day 6. Breakfasts and dinners at the guest house will consist of traditional homemade foods. For lunch you will have picnics and snacks outdoors. You can specify what you want for meals in the application.

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### **What about the weather**

Temperature varies from +59°F to +86°F in the day and from +41°F to +68°F in the night. Precipitation may occur.

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### **What to bring**

- a water- and windproof raincoat
- two or three T-shirts, fleece jacket
- two pairs of sport pants
- sneakers and hiking sandals
- a headdress

- cotton socks
- sunglasses
- sunscreen and after-sun cream
- a small backpack for hiking routes
- tick and mosquito repellents
- wellington boots, gloves and wool socks (optionally in case of bad weather)
- first aid kit
- personal hygiene items
- it's better to keep your camera in a small waterproof package

## Can children participate

Children aged 7 or older can take part in all activities they want except for quad biking.

Children aged 7-14 years old are provided with a 10% discount.

## How to get to Petrozavodsk

We recommend the train №018A from Moscow am or train № 012A from St. Petersburg with arrival at 08:55 am and 06:50 am respectively at the first day of the tour. As for return tickets, we recommend the trains departing from Petrozavodsk in the evening.

Also we can advise you to combine this trip with visiting Moscow or St. Petersburg. If you want to add city-tours here, please, leave a comment in the application.

# Booking

Karelia

## An adventure week

Difficulty	
Age	from 7 y.o.
Group size	from 6 to 14
Duration	6 days

Accommodation at the trip



5 nights

from 980 EUR

### What's included in the price:

- accommodation in the comfortable guest house
- meals as per program
- transfers provided by the program
- a tour to Kizhi island
- rental of jeeps, quad bikes, bicycles and special gear for dog-trekking
- rafting
- dog-trekking
- SUP-serfing
- instructors' and guides' services

### Extra charge:

- railway tickets from Moscow to Petrozavodsk (starting at 5000 RUB for a round-trip ticket)
- single accommodation at the guest house (+10 000 RUB)
- lunch on the Kizhi Island at day 1 and dinner in Petrozavodsk at the last day



Best price



Personal



Discounts for



Gift

