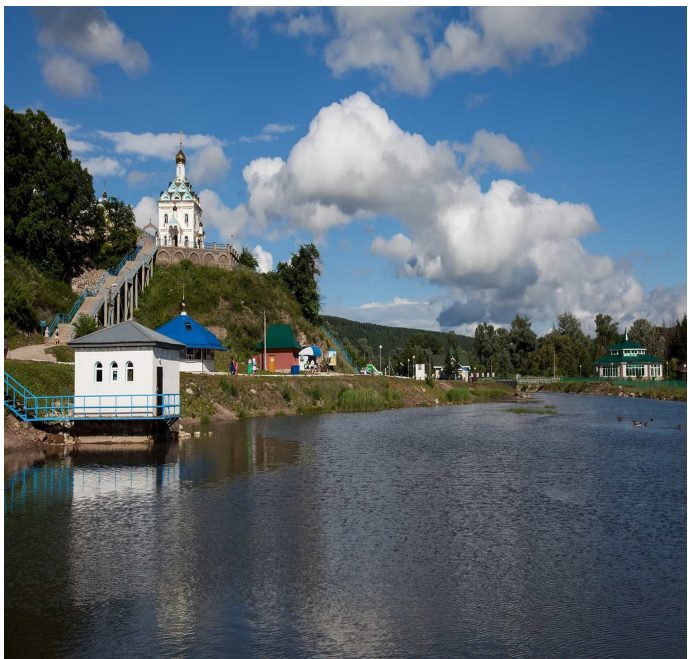


# Pearls of the Southern Ural

Excursion tour to Bashkortostan



During your journey to the Republic of Bashkortostan, you will discover the variety of Southern Ural nature and culture: mountainous lands, caves and canyons, oak woods, apiaries, and quarries. Among the regions' pearls that you will explore are also historic sites.



# Experiences you'll have

## Journey to the Southern Ural

During this trip you will explore several nature reserves and national parks of the Southern Ural, visit famous historical sites of Bashkiriya, admire beautiful Ural lakes and taste the Bashkir cuisine.

We recommend this program to those appreciating comfort and excursion format. You will cover distance of about 1,500 km, visiting iconic historical and natural highlights of Bashkiriya and the Southern Ural. Besides excursions, the program includes hiking and relax on the Bannoye and Talkas Lakes.

During 10 days of journey around the Southern Ural you will:

- walk in oak woods of the Bashkiriya National Park
- enjoy fantastic views of the Bolshoi Ik river canyons in the Muradymovskoye Gorge
- discover secrets of the Kapova Cave — a unique monument of paleolithic epoch
- visit the Golden Bee Museum and observe the process of gathering wild hive bee honey
- take a swim in Lake Talkas which is rich with calcium, magnesium, and sodium and have a rest on Lake Bannoye considered to be the deepest one at the Republic of Bashkortostan
- get acquainted with secrets of Arkaim — an ancient fortified settlement, located in the dormant volcano vent
- visit the Sibayski Quarry — the Europe's deepest one
- find out the history of an ancient Russian village Kaga
- climb one of the tops of the Shikhany Mountain Range
- visit kumys farm and taste this traditional Bashkir drink
- visit holly springs with healing water in Krasnousolsk

**We accept bookings for groups of 6 or more**

**Note:** for a group of two or more people, we can hold this program on any other dates, please, contact our manager for details.

## Itinerary

The journey begins in Ufa, where you should travel to on your own. We are ready to assist with the purchase of tickets. If necessary, leave a comment in the application.

The group meets at the central entrance of "Ufa" general store, (address: Prospekt Oktyabrya, 31 (October Avenue) at 10 am on Day 1. Please note, that the local time is +2 hours from the Moscow time.

*The program may have changes depending on the group level and due to weather conditions.*

### Day 1

#### After meeting the group in Ufa, you will drive to Kaga

village by bus. The road passes through mountain-forest areas of the Southern Ural; part of the route covers territory of the South Ural Nature Reserve. If the weather allows, you will enjoy wonderful view of the Southern Ural highest mountain — Yaman-Tau.

#### Upon arrival to Kaga, you will have lunch. Then you will go

to excursion about history of the ancient Russian village and Ural ironworks. You will visit the Nikolskiy church, that is an architectural monument of the end of the 19th century. In the evening, you will be accommodated in Starosubkhangulovo village and have dinner.

**The route length — 300 km by car.**

### Day 2


#### Today you will explore the territory of Bashkirsky Nature

Reserve. From a view point you will observe breathtaking panorama of the Southern Ural mountain range.

New

Ural

## Pearls of the Southern Ural

Difficulty	
Age	from 8 y.o.
Group size	from 6 to 15
Duration	10 days

Accommodation at the trip



5 nights 4 nights

Языки



guide

guide

guide

from 860 EUR



### **On your way to Shulgan-Tash Nature Reserve, you will visit**

kumys farm to taste this traditional Bashkir drink; kumys is a fermented dairy product made from mare's milk. You will have lunch enroute.

### **Shulgan-Tash Nature Reserve was founded for protection**

of the local population of wild bee, which has been cultivated since ancient times by the local Bashkir people. You will visit the Golden Bee Museum and an existing bee apiary. You will have an opportunity to taste wild bee honey (at additional cost).

### **Then you will visit the Kapova Cave which is a unique**

monument of the paleolithic epoch. In the evening, you will return to the Starosubkhangulovo village and have dinner.

### **The route length — 240 km by car**

#### **Day 3**

### **Kaga village is a well-known horse-breeding center in**

Bashkiria. In the morning, if you wish, and for an additional fee, you can take a horse ride around the area.

### **Then you will take part in a workshop of creating**

traditional souvenirs. In the afternoon you will go to the Bannoye Lake which is considered to be the deepest one at the Republic of Bashkortostan. In the evening you will be accommodated in a hotel. You can have dinner in the hotel cafe at additional cost.

### **The route length — 135 km by car.**

#### **Day 4**

### **For the first half of the day, you will enjoy leisure time on**

the Bannoye Lake. If you wish for an additional fee, you can climb to the observation deck, visit the nursery "White Doctor" or the Museum of Military Glory and taste honey in a honey shop.

### **In the afternoon you will move to the Talkas Lake. On the**

way you will stop at a kumys farm as well as visit the site where jasper rock outcrops can be observed. You will also visit the first Bashkirian capital — Temyasovo village. In Temyasovo you will have an excursion to a historical-cultural centre. If you wish, you can also visit the museum of local history and private cheese factory at additional cost.

### **On Lake Talkas you relax on the beach, take a swim or go**

for hiking along the slope of the Irendyk ridge. Then you will move to Sibai city and check in to a hotel. You can have dinner in the hotel cafe at additional cost.

### **The route length — 190 km by car.**

#### **Day 5**

### **Today you will visit the Arkaim State Historical&Cultural**

Reserve . On the way to the reserve, you will cross the Ural River — the water border between Europe and Asia.

### **In Arkaim you will have an excursion to the Museum of**

Nature and Man, during which you will learn about the reserve and history of ancient settlement Arkaim and see archaeological finds.

### **You can have lunch on the territory of the reserve at**

additional cost, have a walk around, and then return to the hotel in Sibay. You can have dinner in the hotel cafe at additional cost.

**The route length — 180 km by car.**

## **Day 6**

### **After breakfast you will visit the Sibai Local History**

Museum and the Sibai quarry (if visit to the site is allowed on that day). The Sibai quarry is the deepest one in Europe having a depth of 500 m and 2 km in diameter.

### **In the afternoon, you will go to the Muradymovskoye Gorge**

National Park located in the Kugarchinski Region. The region is famous with its fantastic canyons and caves.

### **In the evening you will stay at the hotel on the national**

park territory and have dinner.

**The route length — 260 km by car.**

## **Day 7**

### **This day exploration of the Muradymovskoye Gorge**

National Park is waiting for you. You will enjoy gorgeous views of mountain chains and cliffs breaking steeply above the Bolshoi Ik river.

### **The park has the largest number of caves throughout the**

Southern Urals. If you wish, you can visit some of them for an additional fee (about 5 EURO pp).

### **In the afternoon, you will move to the Yumaguzinskoye**

water reserve, settle in a tourist camp and have dinner.

**The route length — 90 km by car.**

## **Day 8**

### **After breakfast you will go to the Bashkiriya National Park.**

The park is located in a picturesque area on the western spurs of the Southern Urals, between the rivers Nugush and Belaya (Russian for White).

### **You will spend the day relaxing on the Nugushskoye water**

reserve. The lake is surrounded by magnificent sceneries of forests and mountains. If you wish, you can go for a boat excursion after lunch (extra charge about 20 EURO pp). By evening you will return to the camp site and have dinner.

**The route length — 50 km by car.**

## **Day 9**

### **After breakfast you will go to the Voskresenskoye village**

to visit the local art gallery.

### **Then you will move to the Shikhany village camp base and**

have lunch. In the afternoon you will have trekking to the top of one of the mountains of the Shikhany rock massif. It consists of four separate mountains, stretching along the right bank of the Belaya river: Tora-tau, Shakh-tau, Yurak-tau and Kush-tau.

### **The Shikhany mountains are considered to be the unique**

nature monument, formed from ancient coral reefs remains. The reefs existed in the Devonian period 300 millions years ago. Today you can still find corals, sponges, the echinoderms and seaweeds of that period.

**The route length — 150 km by car, 5-7 km on foot.**

## **Day 10**

### **You will go to the Gafuriyski Region and have an excursion**

to the Krasnousolskiy resort where you will visit Tabynskaya church and the holly springs.

### **The uniqueness of the Krasnousolskiy resort is in about**

250 mineral springs that are located in an area of 15 ga. If you wish, you can take a bath in basins or visit the resort SPA at additional cost

### **After lunch at the resort you will travel to Ufa by bus.**

Approximate time of arrival in Ufa is 7 pm. The bus will bring you to the starting point of the program. This is also the finishing point of the trip.

**The route length — 200 km by car.**

# **Accommodation at the trip**

For the first 2 days of the journey you will stay at "**Yulbars**" **Hotel** located in the Starosubkhangulovo village at the Belaya River bank. From the rooms' windows guests can observe scenic views of the river and the Shilandy cliff. On the hotel territory there are a restaurant, billiard, a sauna, a kids playing room and a barbecue area. You will be accommodated in double standard rooms with a private bathroom, 2 single beds, TV, an air-conditioner and a refrigerator.

On day 3 you will overnight at "**Monblan**" **Hotel** in the Zelyonaya Polyana (Russian for "Green meadow") village in the centre of Bannoye resort complex. On the hotel territory there are a restaurant, a Russian banya, a barbecue area, a kids playing room, billiard, and bowling. You will be accommodated in double standard rooms with a private bathroom, 2 single beds, TV, and free Wi-Fi.

From day 4 to day 6 you will stay at "**Altynai**" **Hotel** in the Sibai village. You will be accommodated in double standard rooms with a private bathroom, 2 single beds, a wardrobe, TV, free Wi-Fi, a refrigerator and a tea-kettle.

From day 6 to day 7 you will stay at "**Lesnaya Skazka**" (Russian for "Forest fairy tale") **tourist base**, located near the Muradymovskoye Gorge National Park. On the base territory there are a cafe, banyas, barbecue areas. You will be accommodated in double standard rooms with 1 double bed, a sofa, WC and a wash basin.

From day 7 to day 9 you will stay at "**Bashkirskaya derevnya**" (Russian for "Bashkir village") **tourist base**, located on the Belaya River bank near Yumaguzinskoye water reserve. You will be accommodated in wooden cottages, in double standard rooms with 1 double or 2 single beds, a shower area, an air-conditioner, a refrigerator and an electric tea-kettle.

On the last day of the trip you will stay at "**Shikhany**" **tourist base**, located by the foot of Kush-tau Mountain on the Belaya River right bank. The base is surrounded by forests and the Shikhany mountains. On the base territory there are a cafe, a gym, sport and kids playgrounds, billiard, ping-pong, Russian banyas, a sauna, barbecue areas. You will be accommodated in double standard rooms with a private bathroom, an air-conditioner, a refrigerator, and TV.

## FAQ

### Who will be my guide

Experienced guides will accompany you throughout the tour. The guide speaks English language and works both with the Russian and foreign tourists. Individual interpreter services for a foreign group are paid additionally (+730 EURO per group).

On request, we can provide an interpreter speaking other languages: German, French, Spanish, Japanese, Chinese.

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### Can I take part

The tour is recommended for tourists without special physical training as there is no any difficult activity in the program

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### Can children take part

Children over 8 years old can participate in the tour accompanied by their parents

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### Meals

The price includes three meals a day with dishes of Bashkir cuisine on days 2, 6-9. Additionally, you will need to pay for lunch on day 5, as well as dinners on days 3-5.

Special diet, including vegetarian one, should be discussed at the time of booking.

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### What to bring with me

#### **Documents:**

- passport
- medical insurance certificate

#### **Clothes and footwear:**

- stain- and water-resistant clothes
- trainers
- sports suit
- sweater
- soft shell or raincoat
- warm cap and sun hat
- bathing suit
- wool and cotton socks

#### **Personal belongings and equipment:**

- rucksack or bag
- personal-care products, including toilet paper and towel
- individual medicines
- repellents

- sun protection cream
- sunglasses
- flash light
- knife
- umbrella
- camera in weather-resisting packing

## Insurance

The tour rate includes accident insurance for 50,000 RUB.

## What will be the weather

In the Southern Ural in May the average day temperature is +10-15°C, the night temperature can drop to 0°C. In summer, the average day temperature is +20-25°C, night temperature is +12-15°C. From mid August temperature is becoming cooler.

## Individual rates

For individual group from 2 pax any other dates are available. The cost will depend on the number of the group's participants. Please, contact our manager for details.

# Booking

Ural

## Pearls of the Southern Ural

**New**

Difficulty



Age

from 8 y.o.

Group size

from 6 to 15

Duration

10 days

Accommodation at the trip



5 nights 4 nights

from 860 EUR

### What's included in the price:

- double accommodation in hotels and camp sites
- meals as per program
- transport services along the route
- English-speaking guides' services
- excursions as per program
- accident insurance
- eco fees and entrance tickets

### Extra charge:

- [air tickets to Ufa](#) (starting at 120 EURO per person for a round-trip ticket)
- meals not included in the program
- single accommodation (+200 EURO per person)
- individual transfer from the airport to the meeting point
- an interpreter's service (+230 EURO in case you are the only foreign tourist in the group)
- horse-riding tour in Kaga village (from 15 EURO per person)
- workshops in Temyasovo (from 8 EURO per person)
- optional excursions in Arkaim reserve (from 5 EURO per person)
- optional excursion to Novomuradymovskaya cave (from 5 EURO per person)
- boat trip along the Nugushskoye water reserve (from 20 EURO per person)



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